

## Key Comparison Questions Relevant to Disabled People

### Demography questions

- Do you identify as neurodiverse, for example, being on the autism spectrum?

### Gender affirming care

- Have you had or do you want any of the healthcare listed below to affirm your gender and did you have to pay for it yourself?  
Counselling support; mental health assessment; hormone treatment; hair removal; chest reconstruction surgery; surgery to make breast larger; removal of uterus / ovaries; removal of testes; genital reconstruction surgery; facial feminising surgeries; voice therapy; voice surgery; reshaping or removal of Adam's apple.
- Have you not accessed the gender-affirming health services below that you would like because you cannot afford it?  
Counselling support; mental health assessment; hormone treatment; voice therapy; hair removal using laser or electrolysis.
- Have you not accessed the gender-affirming surgeries below that you would like because you cannot afford it?  
Chest reconstruction; surgery to make breasts larger; removal of uterus / ovaries; removal of testes; genital reconstruction surgery.
- Have you not accessed the gender-affirming surgeries below that you would like because you have been told you are not able because of your age, body size, or another reason?  
Chest reconstruction; surgery to make breasts larger; removal of uterus / ovaries; removal of testes; genital reconstruction surgery.
- Thinking about your last visit to a medical specialist for gender-affirming healthcare, how good was the specialist at explaining your health and treatment in a way that you could understand?
- How good was the specialist at involving you in decisions about your gender-affirming care, such as discussing different treatment options?

### Healthcare competency

- Have you ever had any of these things ever happen to you, as a trans or non-binary person, when you were trying to access healthcare?
  - A provider refused to discuss or address gender-affirming healthcare.
  - You were told that you were not really trans or non-binary.
  - You were discouraged from exploring your gender.

### General health and healthcare access

- Thinking about your last visit to a GP, how good was the doctor at explaining your health conditions and treatments in a way that you could understand?
- How good was the doctor at involving you in decisions about your care, such as discussing different treatment options?
- Was there a time when you had a medical problem but did not visit a GP because of cost? Did this occur in the last 12 months?
- Was there a time when you had a medical problem but did not visit a GP because you had no transport to get there? Did this occur in the last 12 months?
- How satisfied have you been with these mental health services?  
Hospital; crisis mental health team; Māori health service; community mental health or addictions service; other community support services, other.

### Mental health and wellbeing

- Overall, how satisfied are you with life as a whole these days?
- How much do you agree or disagree with the following statement: I am able to cope with everyday stresses of life.
- During the last four weeks, how often did you feel depressed?
- During the last four weeks, how often did you feel so depressed that nothing could cheer you up?
- During the last four weeks, how often did you feel nervous?
- During the last four weeks, how often did you feel so nervous that nothing could calm you down?
- During the last 12 months, have you eaten so much food in a short period of time that you felt out of control (binge eating)?
- During the last 12 months, have you done any of the following to lose weight or control your weight?  
Exercise; fast or skip meals; smoke cigarettes; used diet pills or speed; vomit or throw up on purpose after eating; use laxatives, other.
- During the last 12 months, have you deliberately hurt yourself or done anything you knew might have harmed you (but not kill you)?
- Have you ever seriously thought about killing yourself (attempting suicide)?
- In the last 12 months, have you seriously thought about killing yourself (attempting suicide)?
- Have you ever tried to kill yourself (attempted suicide)?
- In the last 12 months, have you tried to kill yourself (attempted suicide)?
- Since identifying as trans or non-binary, has your quality of life...?  
Got a lot better; got somewhat better; stayed about the same; got a lot better; got somewhat better.

## **Sexual Health, Relationships, Family Planning and Sex Work**

- Have you ever received any trans/non-binary-specific information about STI prevention or safer sex from any of the following?  
Healthcare providers; trans or Rainbow/Takatāpui organisations; other organisations; peers; looked it up myself; school; another source; no, I don't need it; no, but I would like to.
- Which of the following information and services have you received from health professionals?
  - Information about options for trans and non-binary people to preserve their eggs or sperm to have children later.
  - Fertility services for trans and non-binary people to preserve their eggs or sperm to have children later.
  - None of these.
- How satisfied are you with information about options for trans and non-binary people to preserve their eggs or sperm to have children later?
- How satisfied are you with fertility services for trans and non-binary people to preserve their eggs or sperm to have children later?

## **School**

- How much do you feel that people at school care about you (like teachers, coaches or other adults)?
- How supportive are your classmates of you being trans or non-binary?
- In the last 12 months, how often have you been bullied in school?
- What was the reason you were bullied?
  - I was bullied because I am deaf or have a disability impairment.
  - I was bullied because I am trans/non-binary or because people thought I was trans/non-binary.
  - I was bullied because of my ethnic group or culture.
- How much do you agree that it is safe for trans and non-binary students to use a toilet or changing room that matches your gender (e.g. a trans boy can use the male toilets safely)?
- How much do you agree that I know there is someone at school who I can complain to if a teacher says negative things about what it means to be trans or non-binary?

## **Housing**

- Have you ever experienced homelessness?

## Discrimination

- Have you ever experienced discrimination?
- In the last 12 months, have you been discriminated against?
- Why do you think you were discriminated against in the last 12 months?
  - The way I dress or my appearance.
  - Gender.
  - Disability or health issues.
- Have you ever avoided any of these places because you thought you would be mistreated for being trans or non-binary?
  - Work and Income to apply for a benefit or entitlement (including StudyLink, Senior Services, and Heartland Services).
- Have any of the following things ever happened to you because you are trans or non-binary when you visited or used services at Work and Income (including StudyLink, Senior Services, and Heartland Services).
  - Treated unfairly,
  - Verbally harassed,
  - Physically attacked.

## Harassment and violence

- Thinking about crime in Aotearoa New Zealand, how safe or unsafe do you feel?
  - At home by yourself at night?
  - Walking alone in your neighbourhood after dark?
  - Waiting for or using public transport such as buses and trains at night?
- Since the age of 13, has anyone tried to make you have sex with them, against your will?
- Since the age of 13, has anyone actually made you have sex with them, against your will?

## Community connectedness

- On a scale of zero to ten, how would you describe your sense of belonging to
  - The trans or non-binary community
  - The LGBTIAQ+ / rainbow or takatāpui community.
- How do you socialise with other trans or non-binary people?
  - Political activism
  - Socialising in person
  - Socialising on-line (such as Facebook or Twitter)
  - In support groups
- Please indicate how much you agree with the following statement: I am proud to be a trans or non-binary person.

**Family / whānau and friends –**

- On average, how supportive of you being trans or non-binary are the whānau / family you grew up with (e.g., mother, father, sister, brother, etc.)?
- Did any of your whānau / family members you grew up with (mother, father, sisters, brothers, etc.) do any of these things to support you because you are trans or non-binary?
  - Told me that they respect and/or support me.
- Do you have a friend or friends that you can talk to about anything?
- In the last four weeks, how much of the time have you felt lonely?
- Suppose you urgently needed a place to stay. How easy or hard would it be to ask someone you know to stay with them?

**Identity documents**

- Is the gender listed on some of your documents incorrect because you cannot afford to change it?

**Sport**

- In the last four weeks, how often have you done any of the following?
  - Competitions, events, or other organised activities, such as playing bowls, soccer practice or netball games.
  - Any exercise or training by yourself, such as walking, running or weight training.
  - Any active recreation, such as kicking a ball or cycling in the park.
- Has being trans or non-binary affected your ability to participate in competitive sport in Aotearoa New Zealand?
  - No, I have had no problems playing competitive sport as a trans or non-binary person.
  - Yes, I have not participated in competitive sport because I was worried about how I would be treated as a trans or non-binary person.
  - Yes, I was told I had to play competitive sport based on my sex assigned at birth.
  - Yes, I was told I must have hormone treatment before I could play competitive sport based on my gender.

## Income and Employment

- What is the total income that you yourself get from all sources, before tax or anything was taken out of it, in the last 12 months?
- In the last 12 months, to what extent have you done any of the following things to keep costs down?
  - Gone without fresh fruit or vegetables
  - Done without, or cut back on, trips to the shops or other local places
  - Put up with feeling cold
  - Delayed replacing or repairing, broken or damaged appliances
- Which of these statements best describes your current work situation?
  - Working in paid employment (includes self-employment)
  - Not in paid work and looking for a job
  - Not in paid work and not looking for a job (for any reason, such as being retired, a homemaker, caregiver, or full-time student)
- Do you think that being trans or non-binary makes it hard for you to get paid work?
  - Yes, if I have to show a qualification, work visa, or ID document with my old name or gender marker.
  - Yes, it is hard to share a previous work history that is under another name or gender.
  - Yes, when the application form questions force me to disclose I am trans or non-binary.
  - Yes, interviewers have discriminated against me when they realised I am trans or non-binary.
  - Yes, because of my gender expression or appearance.
  - Yes, for other reasons.
- Thinking about your main job, does your employer know your correct name, pronoun, or gender but refuse to use it?
- Have any of the following things ever happened to you at work because you are trans or non-binary?
  - You were given worse pay or conditions than co-workers.
  - Your employer/boss or co-workers shared information about you or your transition that they should not have.
  - You were not allowed to use the workplace bathroom that matched your gender.
  - You were denied a promotion at a job.
  - You quit a job because of how you were treated as a trans or non-binary person.
- On average, how supportive are your current co-workers with you being trans or non-binary?
- In the last 4 weeks, which of these have you done, without pay?
  - Other help of voluntary work for or through any trans/non-binary community organisation or group.
  - Help or voluntary work for or through any takatāpui/LGBTIAQ+ community organisation or group.