Key Comparison Questions Relevant to Disabled People

**Demography questions**

* Do you identify as neurodiverse, for example, being on the autism spectrum?

**Gender affirming care**

* Have you had or do you want any of the healthcare listed below to affirm your gender and did you have to pay for it yourself?

Counselling support; mental health assessment; hormone treatment; hair removal; chest reconstruction surgery; surgery to make breast larger; removal of uterus / ovaries; removal of testes; genital reconstruction surgery; facial feminising surgeries; voice therapy; voice surgery; reshaping or removal of Adam’s apple.

* Have you not accessed the gender-affirming health services below that you would like because you cannot afford it?

Counselling support; mental health assessment; hormone treatment; voice therapy; hair removal using laser or electrolysis.

* Have you not accessed the gender-affirming surgeries below that you would like because you cannot afford it?

Chest reconstruction; surgery to make breasts larger; removal of uterus / ovaries; removal of testes; genital reconstruction surgery.

* Have you not accessed the gender-affirming surgeries below that you would like because you have been told you are not able because of your age, body size, or another reason?

Chest reconstruction; surgery to make breasts larger; removal of uterus / ovaries; removal of testes; genital reconstruction surgery.

* Thinking about your last visit to a medical specialist for gender-affirming healthcare, how good was the specialist at explaining your health and treatment in a way that you could understand?
* How good was the specialist at involving you in decisions about your gender-affirming care, such as discussing different treatment options?

**Healthcare competency**

* Have you ever had any of these things ever happen to you, as a trans or non-binary person, when you were trying to access healthcare?
  + A provider refused to discuss or address gender-affirming healthcare.
  + You were told that you were not really trans or non-binary.
  + You were discouraged from exploring your gender.

**General health and healthcare access**

* Thinking about your last visit to a GP, how good was the doctor at explaining your health conditions and treatments in a way that you could understand?
* How good was the doctor at involving you in decisions about your care, such as discussing different treatment options?
* Was there a time when you had a medical problem but did not visit a GP because of cost? Did this occur in the last 12 months?
* Was there a time when you had a medical problem but did not visit a GP because you had no transport to get there? Did this occur in the last 12 months?
* How satisfied have you been with these mental health services?

Hospital; crisis mental health team; Māori health service; community mental health or addictions service; other community support services, other.

**Mental health and wellbeing**

* Overall, how satisfied are you with life as a whole these days?
* How much do you agree or disagree with the following statement: I am able to cope with everyday stresses of life.
* During the last four weeks, how often did you feel depressed?
* During the last four weeks, how often did you feel so depressed that nothing could cheer you up?
* During the last four weeks, how often did you feel nervous?
* During the last four weeks, how often did you feel so nervous that nothing could calm you down?
* During the last 12 months, have you eaten so much food in a short period of time that you felt out of control (binge eating)?
* During the last 12 months, have you done any of the following to lose weight or control your weight?

Exercise; fast or skip meals; smoke cigarettes; used diet pills or speed; vomit or throw up on purpose after eating; use laxatives, other.

* During the last 12 months, have you deliberately hurt yourself or done anything you knew might have harmed you (but not kill you)?
* Have you ever seriously thought about killing yourself (attempting suicide)?
* In the last 12 months, have you seriously thought about killing yourself (attempting suicide)?
* Have you ever tried to kill yourself (attempted suicide)?
* In the last 12 months, have you tried to kill yourself (attempted suicide)?
* Since identifying as trans or non-binary, has your quality of life…?

Got a lot better; got somewhat better; stayed about the same; got a lot better; got somewhat better.

**Sexual Health, Relationships. Family Planning and Sex Work**

* Have you ever received any trans/non-binary-specific information about STI prevention or safer sex from any of the following?

Healthcare providers; trans or Rainbow/Takatāpui organisations; other organisations; peers; looked it up myself; school; another source; no, I don’t need it; no, but I would like to.

* Which of the following information and services have you received from health professionals?
  + Information about options for trans and non-binary people to preserve their eggs or sperm to have children later.
  + Fertility services for trans and non-binary people to preserve their eggs or sperm to have children later.
  + None of these.
* How satisfied are you with information about options for trans and non-binary people to preserve their eggs or sperm to have children later?
* How satisfied are you with fertility services for trans and non-binary people to preserve their eggs or sperm to have children later?

**School**

* How much do you feel that people at school care about you (like teachers, coaches or other adults)?
* How supportive are your classmates of you being trans or non-binary?
* In the last 12 months, how often have you been bullied in school?
* What was the reason you were bullied?
  + I was bullied because I am deaf or have a disability impairment.
  + I was bullied because I am trans/non-binary or because people thought I was trans/non-binary.
  + I was bullied because of my ethnic group or culture.
* How much do you agree that it is safe for trans and non-binary students to use a toilet or changing room that matches your gender (e.g. a trans boy can use the male toilets safely)?
* How much do you agree that I know there is someone at school who I can complain to if a teacher says negative things about what it means to be trans or non-binary?

**Housing**

* Have you ever experienced homelessness?

**Discrimination**

* Have you ever experienced discrimination?
* In the last 12 months, have you been discriminated against?
* Why do you think you were discriminated against in the last 12 months?
  + The way I dress or my appearance.
  + Gender.
  + Disability or health issues.
* Have you ever avoided any of these places because you thought you would be mistreated for being trans or non-binary?
  + Work and Income to apply for a benefit or entitlement (including StudyLink, Senior Services, and Heartland Services).
* Have any of the following things ever happened to you because you are trans or non-binary when you visited or used services at Work and Income (including StudyLink, Senior Services, and Heartland Services).
  + Treated unfairly,
  + Verbally harassed,
  + Physically attacked.

**Harassment and violence**

* Thinking about crime in Aotearoa New Zealand, how safe or unsafe do you feel?
  + At home by yourself at night?
  + Walking alone in your neighbourhood after dark?
  + Waiting for or using public transport such as buses and trains at night?
* Since the age of 13, has anyone tried to make you have sex with them, against your will?
* Since the age of 13, has anyone actually made you have sex with them, against your will?

**Community connectedness**

* On a scale of zero to ten, how would you describe your sense of belonging to
  + The trans or non-binary community
  + The LGBTIAQ+ / rainbow or takatāpui community.
* How do you socialise with other trans or non-binary people?
  + Political activism
  + Socialising in person
  + Socialising on-line (such as Facebook or Twitter)
  + In support groups
* Please indicate how much you agree with the following statement: I am proud to be a trans or non-binary person.

**Family / whānau and friends –**

* On average, how supportive of you being trans or non-binary are the whānau / family you grew up with (e.g., mother, father, sister, brother, etc.)?
* Did any of your whānau / family members you grew up with (mother, father, sisters, brothers, etc.) do any of these things to support you because you are trans or non-binary?
  + Told me that they respect and/or support me.
* Do you have a friend or friends that you can talk to about anything?
* In the last four weeks, how much of the time have you felt lonely?
* Suppose you urgently needed a place to stay. How easy or hard would it be to ask someone you know to stay with them?

**Identity documents**

* Is the gender listed on some of your documents incorrect because you cannot afford to change it?

**Sport**

* In the last four weeks, how often have you done any of the following?
  + Competitions, events, or other organised activities, such as playing bowls, soccer practice or netball games.
  + Any exercise or training by yourself, such as walking, running or weight training.
  + Any active recreation, such as kicking a ball or cycling in the park.
* Has being trans or non-binary affected your ability to participate in competitive sport in Aotearoa New Zealand?
  + No, I have had no problems playing competitive sport as a trans or non-binary person.
  + Yes, I have not participated in competitive sport because I was worried about how I would be treated as a trans or non-binary person.
  + Yes, I was told I had to play competitive sport based on my sex assigned at birth.
  + Yes, I was told I must have hormone treatment before I could play competitive sport based on my gender.

**Income and Employment**

* What is the total income that you yourself get from all sources, before tax or anything was taken out of it, in the last 12 months?
* In the last 12 months, to what extent have you done any of the following things to keep costs down?
  + Gone without fresh fruit or vegetables
  + Done without, or cut back on, trips to the shops or other local places
  + Put up with feeling cold
  + Delayed replacing or repairing, broken or damaged appliances
* Which of these statements best describes your current work situation?
  + Working in paid employment (includes self-employment)
  + Not in paid work and looking for a job
  + Not in paid work and not looking for a job (for any reason, such as being retired, a homemaker, caregiver, or full-time student)
* Do you think that being trans or non-binary makes it hard for you to get paid work?
  + Yes, if I have to show a qualification, work visa, or ID document with my old name or gender marker.
  + Yes, it is hard to share a previous work history that is under another name or gender.
  + Yes, when the application form questions force me to disclose I am trans or non-binary.
  + Yes, interviewers have discriminated against me when they realised I am trans or non-binary.
  + Yes, because of my gender expression or appearance.
  + Yes, for other reasons.
* Thinking about your main job, does your employer know your correct name, pronoun, or gender but refuse to use it?
* Have any of the following things ever happened to you at work because you are trans or non-binary?
  + You were given worse pay or conditions that co-workers.
  + Your employer/boss or co-workers shared information about you or your transition that they should not have.
  + You were not allowed to use the workplace bathroom that matched your gender.
  + You were denied a promotion at a job.
  + You quit a job because of how you were treated as a trans or non-binary person.
* On average, how supportive are your current co-workers with you being trans or non-binary?
* In the last 4 weeks, which of these have you done, without pay?
  + Other help of voluntary work for or through any trans/non-binary community organisation or group.
  + Help or voluntary work for or through any takatāpui/LGBTIAQ+ community organisation or group.